

Fretwijzer.nl

GUITAR LESSONS / VOLUME 06

Teacher Lesson Pack

Four beginner guitar lessons



For beginner guitarists · fretwijzer.nl

Lesson pack for guitar teachers

4 fretboard lessons · for beginners aged about 8-14



Help your students understand the guitar neck instead of simply copying finger positions.

Each lesson takes about 30 minutes and pairs with the free fretboard map at fretwijzer.nl.

Contents

Lesson 1 – Strings and open notes

Lesson 2 – Half steps and notes on one string

Lesson 3 – Hear and play major and minor

Lesson 4 – Your first pentatonic position (A minor)

Worksheets: blank fretboards and chord diagrams

Tip: ask students to explore notes on the map at fretwijzer.nl at home.

Lesson 1 – Strings and open notes

Lesson pack for guitar teachers



Goal: name the open strings (E A D G B e).

1. Warm-up (5 min): pluck each open string 4 times, thickest to thinnest.
2. Explain (5 min): string names + mnemonic “Eddie Ate Dynamite, Good Bye Eddie”.
3. Game (10 min): name a string; the student plays it as fast as possible.
4. Worksheet (5 min): fill in string names (practice sheet 1).
5. Finish (5 min): play Em — only two fingers needed.

Homework: name the strings daily; switch between Em and open strings 10 times.

Lesson 2 – Half steps and notes on one string

Lesson pack for guitar teachers

Goal: understand that each fret raises the note by one half step.

1. Explain the 12 notes: C C# D D# E F F# G G# A A# B.

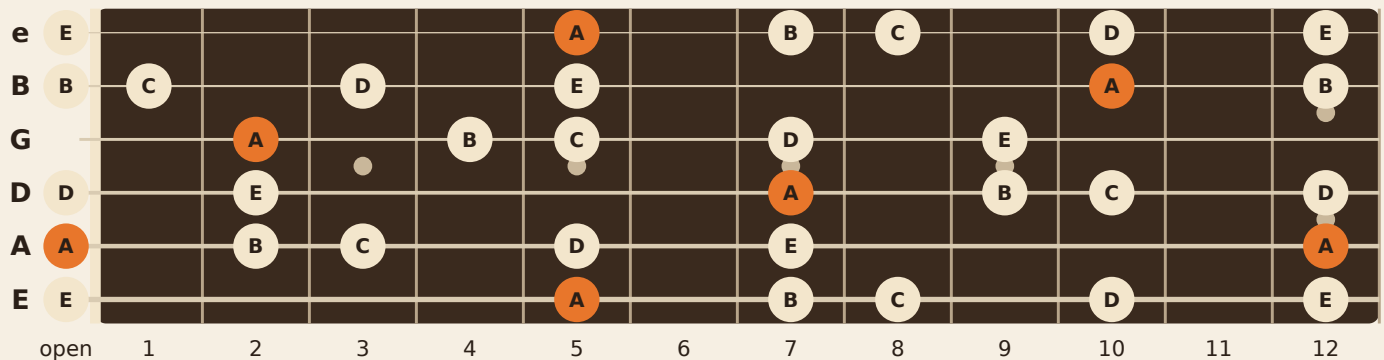
There is no sharp note between E-F or B-C.

2. Explore the A string: open A; fret 2 B, fret 3 C, fret 5 D, fret 7 E.

3. On the low E string, find F (fret 1), G (3) and A (5).

4. Fret 12 plays the open-string note again, one octave higher.

Homework: practice sheets 2 and 3.



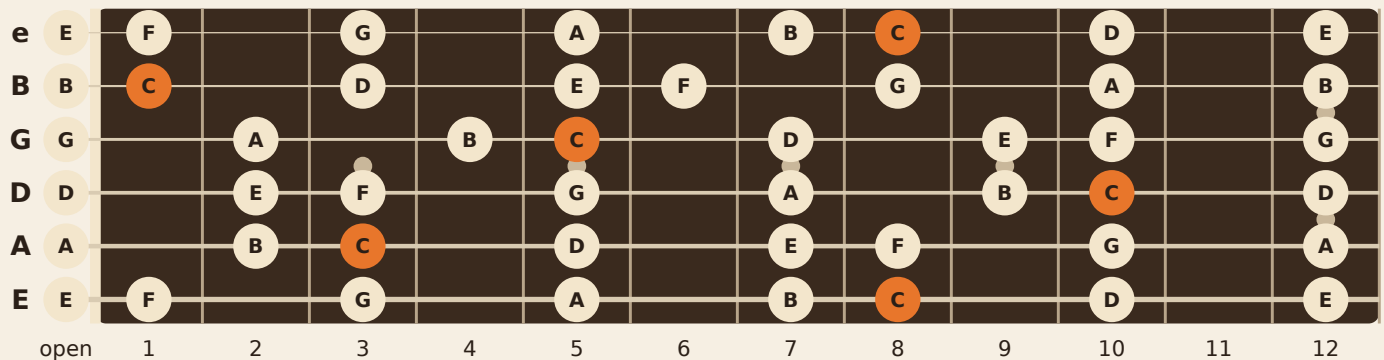
Lesson 3 – Major and minor

Lesson pack for guitar teachers

Goal: hear the difference between major and minor.

1. Play C, then Am. Ask: which sounds brighter?
2. Explain: in major, the third is 4 half steps above the root; in minor, 3 half steps. C-E is major; A-C is minor.
3. Play C – Am – G – Em; have the student identify major or minor.
4. Show that C major and A minor share the same 7 notes.

Homework: play C – Am – G – Em slowly each day.



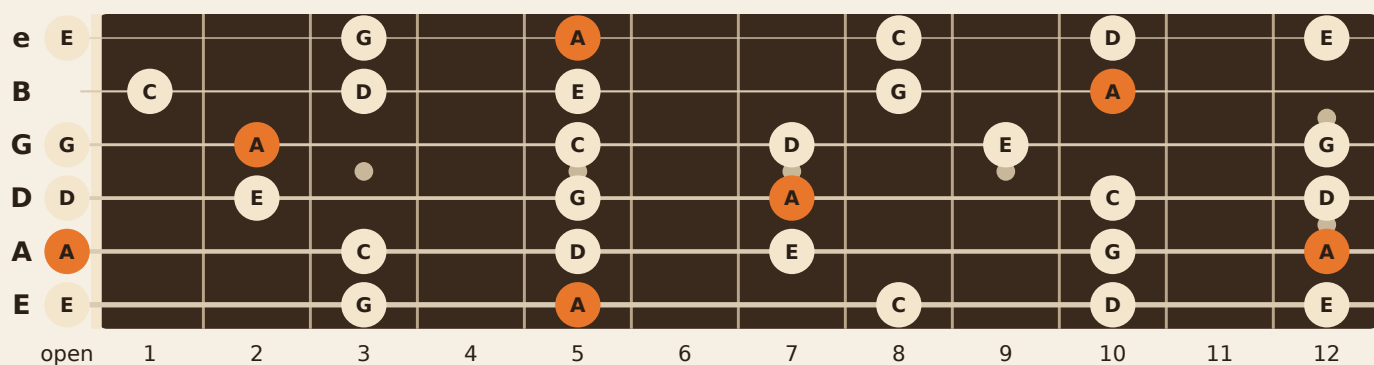
Lesson 4 – The A minor pentatonic scale

Lesson pack for guitar teachers

Goal: play a first solo position (A C D E G, near fret 5).

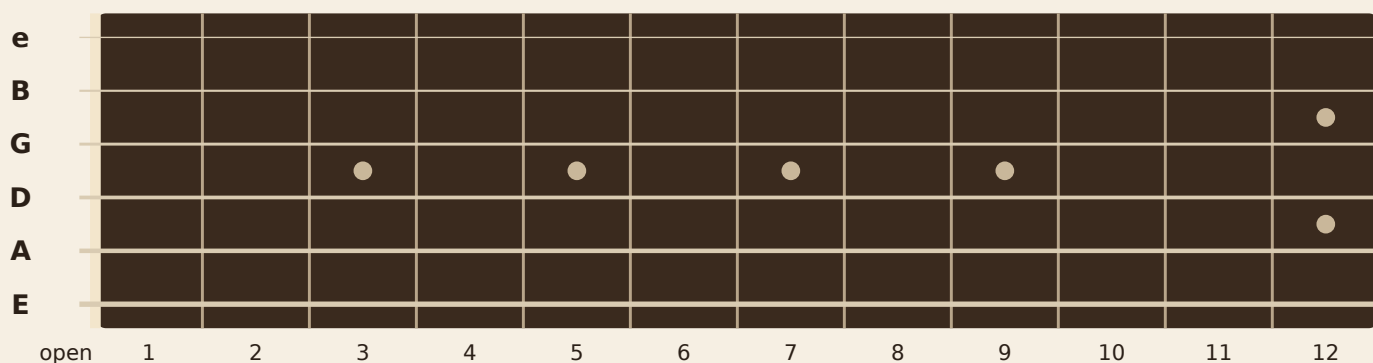
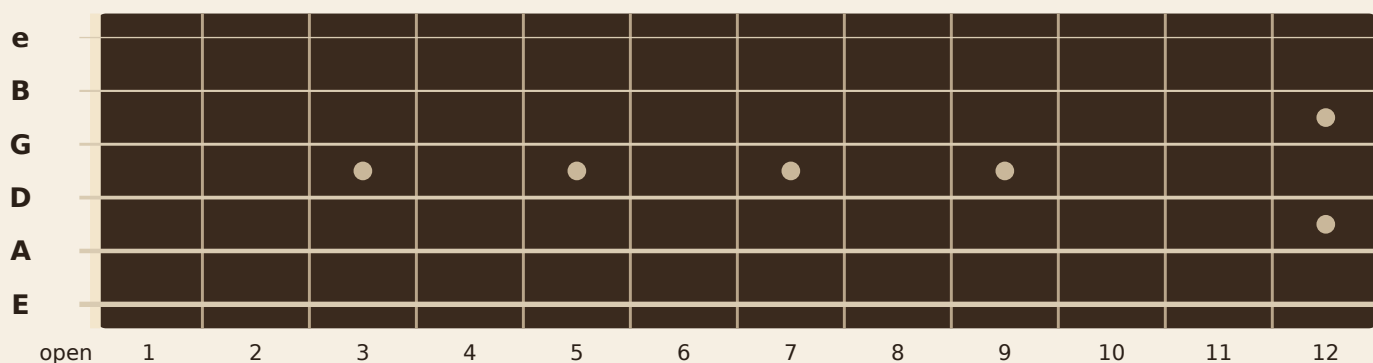
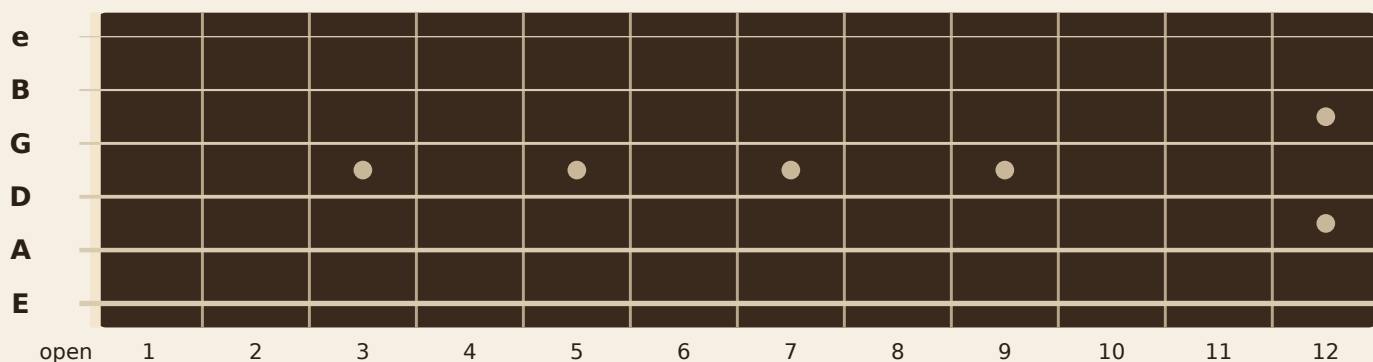
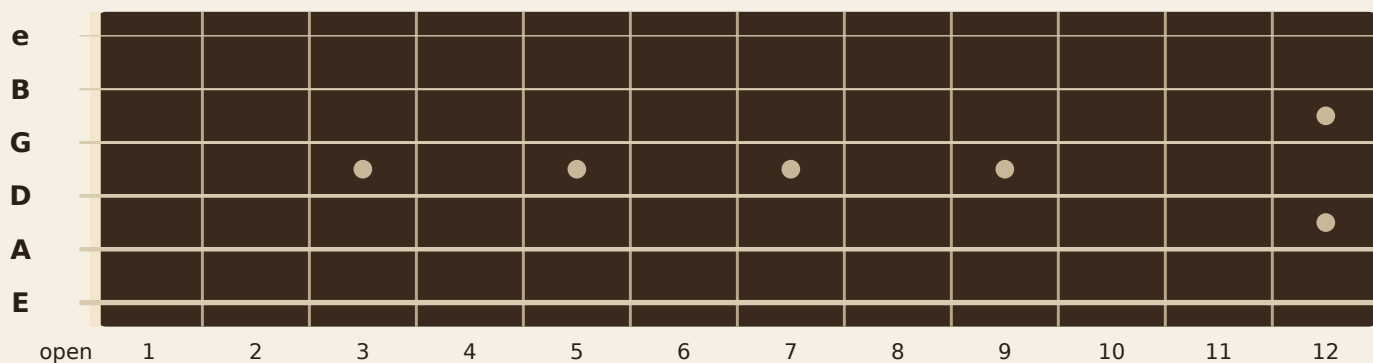
1. Show the shape below; the root A is orange.
2. Have the student play the scale slowly up and down.
3. Play Am – G (or a backing track) while the student improvises.
4. End a phrase on an orange A — it will sound complete.

Homework: improvise with these 5 notes for 5 minutes each day.



Worksheet · Blank fretboards

Name: _____



Worksheet · Blank chord diagrams

Name: _____

